



GRAB & GO CATERING MENU



BON APPÉTIT
MANAGEMENT COMPANY

food service for a sustainable future®

Breakfast Boxes

Priced per person / 10-person minimum/ 10-person orders please limit to 2 selections/ 20-person orders please limit to 3 selections

quick start | coffee cake and seasonal fruit cup \$3.50

express continental | Nutrigrain bar, banana and individual yogurt \$4.50

classic continental | hard cooked cage free egg, freshly baked bagel served with cream cheese, jelly, butter, seasonal fruit cup \$5.50

healthy start | seasonal fruit cup, individual Greek yogurt, and hard cooked cage-free egg \$5.00

protein power | hard cooked cage-free eggs, cottage cheese, sliced roast turkey, cheddar cheese and seasonal fruit cup \$7.00

egg and cheese croissant sandwich | scrambled egg, goat cheese and arugula sandwich with individual yogurt and seasonal fruit cup \$8.00

ham, egg and cheese sandwich | sliced ham, scrambled egg and cheese with herb pesto on focaccia served with a seasonal fruit cup \$7.00

Bakery Breakfast

Priced per half dozen

- Assorted muffins with butter \$11.00
- Assorted Danish \$12.00
- Assorted coffeecake \$13.00
- Croissants with butter and jam \$14.00
- Bagels with cream cheese and butter \$14.00
- Assorted scones with butter and jam \$14.00
- Miniature banana bread loaves with butter \$12.00
- Donut assortment \$10.50
- Donut Hole Cups (*Powdered Sugar or Cinnamon Sugar*) \$24.00

Cold Breakfast Items

- Fresh cut seasonal fruit cup \$2.50
- Mixed berry cup \$4.00
- Individual Hasting's Dairy yogurt \$1.75
- Individual Hasting's Dairy Greek yogurt \$2.50
- Yogurt and granola parfait \$3.00
- Assorted Kind Fruit and Nut granola bars \$2.50
- Assorted Nutrigrain bars \$1.25
- Hard-boiled cage-free egg 1.00
- Coconut Milk Chia Pudding \$3.50

Sandwich Box

Priced per person/ 10-person minimum/ 10-person orders please limit to 2 selections/ 20-person orders please limit to 3 selections

Made without gluten bread and cookies available upon request

Includes: packaged condiments, bagged chips, 12 oz water or soda and whole fresh fruit

Add a fresh-baked cookie \$1.00 per person

Add soup with dinner roll \$3.25 per person

roasted turkey and provolone | lettuce and tomato on whole wheat bread \$11.50

smoked ham and swiss | lettuce and tomato on sourdough bread \$11.50

roast beef and cheddar | lettuce and tomato on sourdough bread \$11.50

the herbivore | grilled squash, cucumbers, sriracha hummus, and tomato jam on focaccia \$10.00

egg salad | mayonnaise, celery, onion, mustard, parsley and lettuce on a croissant \$10.00

tuna salad | mayonnaise, celery, onion, parsley, lemon juice, lettuce, and tomato on whole wheat bread \$11.50

chicken salad | mayonnaise, celery, onion, parsley, mustard, lettuce, and tomato on whole wheat bread \$11.50

Italian | genoa salami, pit ham, pepperoncini, tomatoes, baby spinach, and provolone on a hoagie roll \$11.50

achiote chicken | achiote grilled chicken breast, avocado, romaine lettuce, pepperjack cheese and chipotle aioli on a telera roll \$11.50

ham and brie | smoked ham, brie, marinated sweet onions and orange marmalade on focaccia \$11.50

Wrap Box

Priced per person/ 10-person minimum/ 10-person orders please limit to 2 selections/ 20-person orders please limit to 3 selections

Made without gluten tortillas and cookies available upon request

Includes: packaged condiments, bagged chips, 12 oz water or soda and whole fresh fruit

Add a fresh-baked cookie \$1.00 per person

Add soup with dinner roll \$3.25 per person

chicken Caesar wrap | lemon rosemary grilled chicken breast, lettuce, garlic parmesan dressing and parmesan \$11.50

roasted vegetable | herb roasted mushrooms and peppers, lettuce, tomato, provolone, and garlic hummus \$11.50

buffalo chicken | house-made hot sauce, romaine, celery, carrots and blue cheese \$11.50

turkey ranch club wrap | bacon, tomato, shredded romaine, cheddar and ranch dressing \$11.50

crispy chicken | local honey Dijon, feta, dried cranberries and chopped romaine \$11.50

Santa Fe | roasted corn, black beans, chopped lettuce, quinoa, avocado and pico de gallo (vegan) \$10.00

Salad Box

Priced per person/ 10-person minimum/ 10-person orders please limit to 2 selections/ 20-person orders please limit to 3 selections

Includes: dressing, individual bagged chips and a 12 oz water or soda

Add a fresh-baked cookie \$1.00 per person

Add soup with dinner roll \$3.25 per person

Caesar | romaine, shredded parmesan with house-made croutons \$10.50

garden salad | mixed field greens, cucumber, carrot, tomato, and mushrooms \$10.50

Southwest | mixed field greens, romaine, black beans, corn, tomato, sweet peppers, and queso fresco \$10.50

Greek | romaine, spinach, tomato, olives, cucumbers, and feta crumbles, red onion, and artichoke hearts \$10.50

power greens | Brussels sprouts, blueberries, almonds, pumpkin seeds \$10.50

chef salad | romaine and mixed field greens, smoked ham, turkey, cheddar, grape tomato, cucumbers, and hard cooked cage-free egg \$12.50

chop-chop salad | romaine, ham, salami, tomato, carrots, chickpeas and mozzarella \$12.50

Minnesota wild rice | spinach, smoked gouda, green onions, dried cranberries, Minnesota wild rice, almonds, grapes \$12.50

strawberry brie | spring greens, strawberries, asparagus, blue cheese and organic quinoa \$12.50

Asian style rice noodle salad | carrots, Napa cabbage, scallions, edamame, green beans, sweet peppers and a sesame soy dressing \$12.50

Dressings:

- garlic parmesan Caesar
- ranch
- balsamic vinaigrette
- sesame soy
- fat free Italian
- honey mustard
- blue cheese

Add Protein:

- hard-boiled egg \$1.00 ▫ grilled marinated tofu \$2.00
- grilled lemon rosemary chicken breast \$2.00 ▫ crispy chicken \$2.00
- pit ham \$2.00 ▫ roasted turkey \$3.00

Sides

Upgraded sides will be applied to all boxes in addition to the pre-established sides

field greens with house-made balsamic vinaigrette \$2.00

caprese salad cup | grape tomatoes, fresh mozzarella, herb pesto \$3.50

watermelon and feta salad | watermelon, feta, mint, cucumber, balsamic, olive oil \$3.00

house-made pasta salad | cavatappi, sweet peppers, asparagus, carrots, and sun dried tomatoes with creamy Dijon dressing \$2.00

three grain salad | wheatberries, quinoa, barley, chickpeas, tomatoes, cucumber, red onions, and red wine vinaigrette (vegan) \$2.00

creamy potato salad | roasted russet, mayonnaise, mustard, pickles, sweet onion \$2.00

seasonal fruit salad \$2.50

seasonal whole fruit \$1.00

Buddha Bowls

5-person orders please limit to 2 selections/ 10-person orders please limit to 3 selections

grilled steak bowl | grilled chimichurri rubbed terus major, brown rice, shaved Brussels sprouts, roasted red peppers, grilled corn, wheatberries, grape tomatoes, feta cheese, and chimichurri dressing (gluten free) \$14.50

Korean spiced grilled chicken bowl | sweet soy marinated chicken breast, cucumbers, cherry tomatoes, carrots, scallions, basil, Napa cabbage, soba noodles and gochujang vinaigrette \$13.50

ginger shrimp bowl | ginger shrimp, organic quinoa, baby spinach, guacamole, edamame, carrots, cucumbers, cherry tomatoes, lemon-basil vinaigrette (*gluten free*) \$14.50

Southwest chicken bowl | grilled chipotle marinated chicken, brown rice, corn, black beans, sautéed peppers and onions, grilled zucchini, queso fresco, tortilla strips, and chipotle ranch dressing \$13.50

roasted sweet potato power bowl | turmeric roasted sweet potatoes, organic wheatberries, baby kale, sun dried tomato and avocado guacamole, edamame, grilled squash, roasted red peppers, toasted pumpkin seeds, and apple cider vinaigrette (*vegan*) \$13.50

Snacks and Snack Packs

Chex mix \$2.00

house trail mix \$2.00

premium snack mix | capitol mix, sunburst \$2.50

hard cooked eggs | two hard cooked eggs, salt, pepper, Franks red hot sauce \$2.50

caramel apples | sliced granny smith apples with caramel sauce \$2.50

meat and cheese | imported and domestic cheeses, cured meats, dried fruit \$4.00

celery and peanut butter | fresh celery sticks with peanut butter \$2.50

fresh cut fruit cup | fresh seasonal diced fruit with a mixed berry garnish \$3.00

hummus and pita cup | house made hummus with pita triangles \$2.50

yogurt covered pretzels \$2.50

mixed salted nuts \$4.00

tortilla chips and dips

choose: □ salsa \$2.50 □ guacamole \$3.50

protein bistro box | assorted trail mix, house made hummus, fresh cut vegetables, crackers and egg \$6.50

turkey bistro box | turkey sticks, cheese, seasonal fruit and crackers \$6.50

Desserts

Priced per half dozen

premium ice cream novelties \$16.00

fresh baked jumbo cookies \$10.00

Choice: assorted, chocolate chip, sugar, snickerdoodle, peanut butter, white chocolate macadamia nut or oatmeal raisin

dessert and cereal bars

fudge brownies \$12.00

Special K \$12.00

Rice Krispie \$10.00

chocolate dipped strawberries \$22.00

fruit tarts with vanilla cream \$18.00

Cupcakes \$10.50

Beverages

Tiny Footprint regular coffee 96 oz box (serves 9 cups) \$19.00

Tiny Footprint decaf coffee 96 oz box (serves 9 cups) \$19.00

Hot cocoa served with marshmallows 96 oz box (serves 9 cups) \$19.00

Hot tea served with assorted herbal and black tea bags 96 oz box \$18.00

Canned soda 12 oz. \$1.25 each

Bottled water \$1.50 each

Bottled water \$2.00 each

Carbonated water \$1.25 each

Lemonade 20 oz bottle \$2.50 each

Iced tea 20 oz bottle \$2.50 each

Skim milk \$1.85 each

2% milk \$1.85 each

Chocolate milk \$1.85 each

Bottled juice, individual \$2.25 each